



## ACEITE PEPA DE ZAPALLO / PUMPKIN SEED OIL

### Ficha técnica / Specification sheet

| ANALYSIS   | METHODS  | ACEITE EXTRA VIRGEN |
|--|----------|---------------------|
| Color  | Gardner  |                     |
| Densidad a 20 C°<br>Density at 20 C° in g/cm <sup>3</sup>      | PE 2.2.5 | 0,915-0,925         |
| Indice de acidez<br>Acid value in mg KOH/g                     | PE 2.5.1 | max. 4              |
| Indice de saponificación<br>Saponification value               | PE 2.5.6 | 188-198             |
| Indice de Refracción<br>Refractive index at 20°C               | PE 2.2.6 | 1,4715-1,4745       |
| Indice de peróxido<br>Peroxide value in meq.O <sub>2</sub> /Kg | PE 2.5.5 | max. 20             |

| Fatty acids composition (in %) | PE 2.4.22 |       |
|--------------------------------|-----------|-------|
| C16:0 (palmitic acid)          |           | 10-15 |
| C18:0 ( stearic acid)          |           | 5-7   |
| C18:1 ( oleic acid) Omega 9    |           | 24-38 |
| C18:2 ( linoleic acid) Omega 6 |           | 40-55 |

### INFORMACION NUTRICIONAL NUTRITIONAL FACTS

| 1 Porción: 1 cucharada ( 14 ml)<br>1 Portion: 1 tablespoon ( 14 ml) |             |                        |
|---|-------------|------------------------|
| Porciones por envase: 18 Aprox.<br>Servings per package: 18 Aprox.  | 100 Grs.    | 1 Porción<br>1 Portion |
| Kcal./100 gramos<br>Kcal./100 gr                                    | 810         | 37                     |
| G.Total (g)<br>G.Total Fat (g)                                      | 100         | 14                     |
| G.Saturada (g)<br>Saturated Fat (g)                                 | 16          | 2,2                    |
| G.Monoinsaturada (g)<br>Monounsaturated Fat (g)                     | 32          | 4,5                    |
| G.Poliinsaturada (g)<br>Polyunsaturated Fat(g)                      | 52          | 7,3                    |
| <b>Fitoesteroles (mg)<br/>Fitoesteroles (mg)</b>                    | <b>1,0</b>  | <b>0,1</b>             |
| Proteínas (g)<br>Proteins (g)                                       | 0           | 0                      |
| Fibra (g)<br>Fiber (g)  | 0           | 0                      |
| H. de Carbono (g)<br>Carbohydrates (g)                              | 0           | 0                      |
| Colesterol (mg)<br>Cholesterol (mg)                                 | 0           | 0                      |
| Sodio (mg)<br>Sodium (mg)   | 0           | 0                      |
| <b>Zn (mg)<br/>Zn (mg)</b>  | <b>1,54</b> | <b>0,22</b>            |
| Acidez Máxima (% ac. Oleico)<br>Maximum acidity(% Oleic acid)       | 0,26        |                        |